

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

Check this box
if no longer
subject to
Section 16.
Form 4 or
Form 5
obligations
may continue.
See Instruction
1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

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Edgar Filing: CARACI PHILIP D - Form 4

Common
Shares

Common Shares 08/24/2018 S 300 D \$ 59.44 49,216 D ⁽³⁾

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount or Number of Shares
Phantom Stock ⁽⁴⁾	\$ 49.75 ⁽⁵⁾					⁽⁶⁾ ⁽⁶⁾	Common Stock 24,844.887
Stock Option	\$ 41.82					05/13/2011 05/13/2021	Common Stock 2,500
Stock Option	\$ 39.29					05/04/2012 05/04/2022	Common Stock 2,500
Stock Option	\$ 44.42					05/10/2013 05/10/2023	Common Stock 2,500
Stock Option	\$ 47.03					05/09/2014 05/09/2024	Common Stock 2,500
Stock Option	\$ 51.07					05/08/2015 05/08/2025	Common Stock 2,500
Stock Option	\$ 57.74					05/06/2016 05/06/2026	Common Stock 2,500
Stock Option	\$ 59.41					05/05/2017 05/05/2027	Common Stock 2,500
Stock Option	\$ 49.46					05/11/2018 05/11/2018	Common Stock 2,500

Reporting Owners

Reporting Owner Name / Address	Relationships
	Director 10% Owner Officer Other
CARACI PHILIP D 7501 WISCONSIN AVENUE 15TH FLOOR BETHESDA, MD 20814	X

Signatures

Scott V. Schneider, by Power of
Attorney

08/28/2018

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

- (1) Self-Trust. Reporting person is a Trustee
- (2) The number of Shares has been adjusted to reflect the effect of a partial redemption of the Series C Preferred Stock by the Company.
- (3) Self-IRA

(4) Pursuant to the issuer's Deferred Compensation Plan under its 2004 Stock Plan and the Deferred Fee Agreement executed by the reporting person, the reporting person has elected to defer receipt of his director's fees, and receive phantom stock, the amount of which is calculated as the quotient of the dollar value of fees deferred, divided by the fair market value of the issuer's shares on the date the phantom stock is received.

(5) 1 for 1

(6) The conversion of phantom stock into shares of the issuer's common stock is governed pursuant to terms of the issuer's Deferred Compensation Plan under its 2004 Stock Plan, as amended, and the reporting person's Deferred Fee Agreement.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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