

AMERUS GROUP CO/IA  
Form 8-K  
July 27, 2004

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**UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION**

**Washington, D.C. 20549**

**FORM 8-K**

**CURRENT REPORT**

**PURSUANT TO SECTION 13 OR 15(d) OF THE  
SECURITIES EXCHANGE ACT OF 1934**

Date of Report (Date of earliest event reported: July 26, 2004)

**AMERUS GROUP CO.**

(Exact Name of Registrant as Specified in its Charter)

IOWA

001-15166

42-1458424

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(State or Other  
Jurisdiction  
of Incorporation)

(Commission File Number)

(IRS Employer  
Identification No.)

699 WALNUT STREET  
DES MOINES, IOWA  
(Address of principal executive  
offices)

50309-3948  
(Zip Code)

Registrant's telephone number, including area code: (515) 362-3600

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ITEM 7 (c). EXHIBITS

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Press Release

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ITEM 7 (c). EXHIBITS

99.1 Press Release dated July 26, 2004 (furnished pursuant to Item 12).

ITEM 12. RESULTS OF OPERATIONS AND FINANCIAL CONDITION

On July 26, 2004, AmerUs Group Co. issued a press release updating its first quarter 2004 net income in connection with the application of SOP 03-1. A copy of the press release is attached hereto and furnished pursuant to this Item 12.

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SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

AMERUS GROUP CO.

By: /s/ Melinda S. Urion  
Melinda S. Urion  
Executive Vice President and Chief  
Financial Officer

Dated: July 27, 2004

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EXHIBITS

<b>Exhibit No.</b>	<b>Description</b>
99.1	Press Release dated July 26, 2004 (furnished pursuant to Item 12).