Kreidler Robert C. Form 4 October 07, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

(Check all applicable)

Issuer

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

2. Issuer Name and Ticker or Trading

30(h) of the Investment Company Act of 1940

SYSCO CORP [SYY]

Symbol

1(b).

(Print or Type Responses)

Kreidler Robert C.

1. Name and Address of Reporting Person *

(Last)	(First) (N	Middle)	3. Date of	Earliest Tra	ansaction						
1390 ENCLAVE PARKWAY			(Month/Day/Year) 10/05/2009					Director 10% Owner _X_ Officer (give title Other (specify below) Executive Vice President; CFO			
	4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person					
HOUSTON,	TX 77077							Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Table	e I - Non-D	erivative (Secur	ities Ac	equired, Disposed	of, or Benefici	ally Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution		3. Transaction Code (Instr. 8)	4. Securion Acquired Disposed (Instr. 3,	(A) of (D))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
Common Stock (1)	10/05/2009			A	5,000	A	<u>(2)</u>	5,385	D		
Common Stock								465	I	Robert C. Kreidler Revocable Trust	
Common Stock								225	I	Karen M. Kreidler Revocable Trust	
								120	I	Spouse	

Common Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of **SEC 1474** information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Options (Right to Buy)	\$ 24.38	10/05/2009		A	75,000	(3)	10/04/2016	Common Stock	75,000

Reporting Owners

Relationships Reporting Owner Name / Address

> Director 10% Owner Officer Other

Kreidler Robert C.

1390 ENCLAVE PARKWAY Executive Vice President; CFO HOUSTON, TX 77077

Signatures

/s/ Michael C. Nichols, 10/07/2009 attorney-in-fact

**Signature of Reporting Person Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Grant of restricted stock units that may be settled solely by delivery of an equal number of shares of common stock. Units vest one-third **(1)** on the 1st, 2nd, and 3rd anniversary of date of grant.
- Restricted stock units granted by the Compensation Committee of the Company's Board of Directors pursuant to the 2007 Stock Incentive **(2)** Plan.

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- One-fifth of the shares covered by the grant vest and are exercisable on 10/05/2010, 10/05/2011, 10/05/2012, 10/05/2013 and 10/05/2014, respectively. No options may be exercised prior to 10/05/2010. Options will expire on 10/05/2016.
- (4) Options granted by the Compensation Committee of the Company's Board of Directors pursuant to the 2007 Stock Incentive Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.